

Lisa Towles: Crime, Technology, and... Self Care?

Oct 6 12 Noon

Meeting URL: <https://ngc.zoomgov.com/j/1616684638>

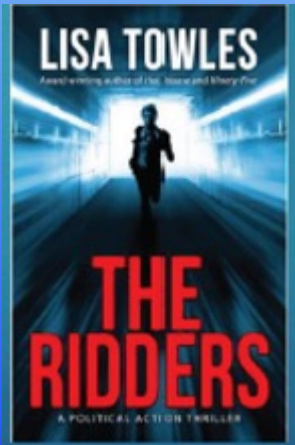
Meeting ID: 161 668 4638

Passcode: 8675309

Join by Telephone

+1 646 828 7666 US (New York)

A Free Forum for all!
An award winning crime author
Aerospace Industry Expert
And Self Care Advocate!
Lisa Towles is not what you'd expect...



Unleashing the next level of YOU
How to say no, stop being perfect, and ask for help



2 Books and 2 Consultations raffled during online event!